



**March 21 – April 18,
2018**

Care Giver Support Group

Wednesday Evenings 6:00 – 7:30 PM

Join us for a 5-week therapeutic support group for care givers of trauma survivors. This group will provide a safe space for an opportunity to express thoughts and feelings regarding the impact of suffering faced by loved ones. Facilitated by Kelly Godfrey and Kelsey Singer through the Crime Victims Council of the Lehigh Valley. For inquiries about this group, please contact Kelsey at (610) 437 - 6610 ext. 328 or via email at Ksinger@cvclv.org

MAIN FOCUS:

Engage with care givers who share a similar experience.

Understand trauma and its effects on the family dynamic.

Learn healthy coping mechanisms.

Learn to set healthy boundaries.

Address care giver fears and anxieties.



CRIME VICTIM'S COUNCIL OF THE LEHIGH VALLEY
1555 NORTHAMPTON STREET
EASTON, PA 18042

24 HR. HOTLINE: 610-437-6611