



College Outreach Programming



Description/Goal: The College program is geared to provide conversations for campus culture change. The CVC is dedicated to raising awareness and opening the floor to the hard conversations students want to have on topics that are affecting them in real time. The College program will also be focused on training campus peer education groups on affective advocacy skill development and trauma informed education.

Programs Offered:

- Peer-Group Trainings: Drug/Alcohol and Consent, Healthy Relationships (signs of Abuse), Bystander intervention, Self-Care (burnout avoidance), Trauma-Informed Questioning, Title IX, etc.
- Classroom/Assembly Programing: Offered for not only classrooms (freshman-first year courses) but also as incorporation into College/University-wide campaigns and clubs/groups geared toward primary prevention and effecting cultural change on campus
 - Topics include:
 - Red Zone – Freshman geared programming on the risks of sexual assault on campus, drugs/alcohol consent information, and bystander intervention strategies
 - Sexual Harassment and Consent
 - Human Trafficking Warning Signs and Awareness
 - Drugs/Alcohol and Consent
 - Rape Culture and Victim Blaming
 - Self-Care and Trauma Informed Healing
 - Healthy Relationships (Warning Signs, Safety Planning, and Intervention Strategies)
 - Online Dating and Social Media Safety



Community Outreach Education Programs



Description/Goal: The CVC provides entire communities with the skills and knowledge to keep themselves and their neighborhoods safe from all types of crimes at any stage in life. The Community Outreach Program looks to provide one-time presentations to any community organization, group, etc. that wants to provide informed, cultural relevant education to their members. Organizations considered eligible for Community Outreach Programming include Community Centers, Daycare Facilities, Churches, Youth Centers, Shelters, etc.

Programs Offered:

- Senior Safety Programming – A conversation on the latest tricks of scammers and how to keep yourself and your assets safe in the ever-evolving world of scammers.
- Professional Development Trainings: These trainings are based on State Required Training Mandates including Act 71 Training, Act 126 Training, and Act 31 Training. A sexual harassment training is also available.
 - Best for Youth Centers, Daycares, Health Care Professionals, and other organizations geared towards dealing with or servicing minors.
- Trauma-Informed Trainings: These are focused on providing training on recognition of trauma, trauma-informed counseling practices, resources available, and how to avoid staff burnout.
 - Best for shelters, youth centers, churches/religious organizations, or other community-service based organizations that may encounter an individual in crisis
- Emotional Regulation Programming: Age-Appropriate programming to teach emotional regulations, asserting boundaries, and communication empowerment to small children. Best for children between the ages of 5-9.
 - Best for shelters, daycares, youth centers, and other organizations geared towards providing services and programming to small children
- Criminal Justice Professionals - Simple as Can Be: This discussion/training can be provided to minimize the confusion between legal terms and criminal justice slang in order to help the average individual better understand what is going on and being said throughout the criminal justice system and its processes.
- First Responders Vicarious Trauma Program: This informational session is focused on the awareness of vicarious trauma and how it interferes with all aspects of life. Tips and tricks are also provided as we create safety plans to help

address burnout and minimize stress among police departments, fire departments, medical staff, etc.

- Law Enforcement Program - A Shift in Focus: This course is designed to change society's negative perception of law enforcement by focusing on community efforts, collaboration, and care. Throughout the program, local police departments can build stronger relationships with their communities while building rapport and undergoing trauma informed trainings.
- Campus Police and Health Center Trainings: We can help create partnerships with campus police and health centers throughout the Lehigh Valley. These connections can increase interactions and trust between students and faculty while promoting empowerment, communication, and trauma informed trainings.